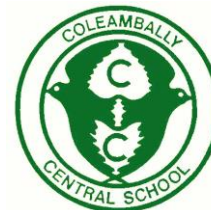


Coleambally Central School

A quality education in your community school



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Education & Communities

Week 5 Term 1

23rd February 2016

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Coming up at Coleambally Central School

Week 5 Term 1

Monday 22nd February

Tuesday 23rd February

Wednesday 24th February WRCC Training

CHS Zone Swimming Carnival

Thursday 25th February

PSSA Zone Swimming Carnival

Friday 26th February

Primary Assembly 12.45pm

Week 6 Term 1

Monday 29th February Year 10 Geography Excursion

Stage 6 Examination timetable distributed to students

Tuesday 1st March

Wednesday 2nd March WRCC Training

Thursday 3rd March

Stage 10 Ag Excursion Old Coree

Friday 4th March

Primary Assembly 12.45pm

Principal's Report

Congratulations to the following students for their outstanding efforts at our recent swimming carnival. In total 19 records were broken during the 2016 carnival, with two of the broken records standing since 1985.

Mia Jones – Junior Girl (1 record)

- 9 years Girls 50m Freestyle

Thomas Fattore – 15 years Boys (1 record)

- 50m Backstroke

Carissa Bellato – 13 years Girls (1 record)

- 50m Breaststroke

Danielle Mannes – 15 years Girls (1 record)

- 50m Breaststroke

Abbey Young – 15 years Girls (2 records)

- 50m Freestyle
- 100m Freestyle

Emma Dunbar – 17+ Girls (2 records)

- 50m Freestyle
- Individual Medley 16+ years

Joshua Fattore – 17+ Boys (5 records)

- 50m Freestyle
- 100m Freestyle
- 50m Breaststroke
- 50m Butterfly
- Individual Medley 16+ years

Sally Foster – 13 years Girls (6 records)

- 50m Freestyle
- 100m Freestyle
- 200m Freestyle
- 50m Backstroke
- 50m Butterfly
- Individual Medley 12-15 years

Best wishes to all students who will participate at the next level in their swimming.

Bronze and Silver Duke of Edinburgh Program

Students departed for Tumbarumba last Monday morning to participate in the Bronze and Silver Duke of Edinburgh program in pursuit of the Bronze and Silver Awards. The Bronze Award is for students over 14 years old, the Silver for students over 15 and the Gold level can be achieved by students 16 years and over. Participants are required to complete four sections at each level: Service, Skill, and Physical Recreation and Adventurous journey. Gold level participants also complete a Residential Project.

This is a wonderful initiative for our students, developing capable and confident young people. Thanks to Michael Connor and Tim Hayes for their assistance in preparing this group of students and Mrs Strachan and parents for their guidance and commitment to such a worthwhile experience.

Secondary Wellbeing Update

This week is our second Wellbeing session focussing on the overall concept of Wellbeing, that is, *the state of being comfortable, healthy or happy*. Students will discuss what it is to be mindful and not mindfull. When you are being *mindful* you are *focussing on the moment*, the present, and not thinking about the past or worrying about the future.

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Supporting our students to understand the benefits of being mindful helps them to take control of their worries which enables a clearer focus at school and in life.

A useful resource to support the understanding of the importance of wellbeing and mindfulness can be found at: <http://au.reachout.com/>. There are many other sites to provide information and activities to promote mindfulness for both adults and young people.

Overseas Excursion to Vietnam 2017

There has been sufficient student interest to pursue the organisation of an overseas excursion to Vietnam. I am both proud and excited to be able to offer this excursion to our students who deserve equity of opportunity akin to students from larger regional and metropolitan schools. I would like to thank parents for their support of this initiative and the generous and dedicated teachers who have shown interest in participating in this unique experience. We are a very fortunate school community to have such wonderful people working with and for our students. *It should be noted that we still require a minimum of 10 deposits for the excursion to proceed.* A consent form and payment schedule will be given to students this week. Please contact me at school with any enquiries.

Meagan Crelley
Principal

Primary News

Assembly Awards

Kinder/1

William Perkins	Being a responsible member
Chaise Davie	Wonderful handwriting
Jack Cooney	Huge effort during morning fitness

Year 1/2

Alex Pound	Enthusiastic participation in class discussions
Angus Munro	Super neat book work
Lucy Bolton	Excellent leadership skills during P.E.

Year 3

Devina Hughes	Outstanding work in Reading comprehension
Ella Pound	Excellent presentation in her Hand Writing book
Piper DeMamiel	For being a keen and enthusiastic learner in all areas

Year 4

Madeline Perkins	Showing great interest and research skills in looking at convicts of the First Fleet
Clair Hay	For participating well in all Mathematic activities
Lachlan Vearing	For helping to create a fantastic Rube Goldberg machine

Year 5/6

Aldrin Rivera	Excellent application in all learning areas
Georgia Stewart	Excellent application in all areas
Georgie Tooth	Epic story writing

Charlotte Young Complex sentence structure in creative writing

Congratulations to our Primary Swimming Champions

Junior Girls / Boys Mia Jones and Noah Jay.

11 Years Mason Diggs and Charlotte Young.

Senior Boys/Girls Sarah Vremaric and Harrison McKinnon (absent from photo).



Secondary News

A reminder to year 7 – 10 students that they are required to bring their sport uniform each day that they have practical PDHPE to enable them to safely participate. Those lessons are;

Year 7: Wednesday Cycle 1 and Thursday Cycle 2

Year 8: Thursday Cycle 1 and Tuesday Cycle 2

Year 9: Wednesday Cycle 2

Year 10: Friday Cycle 1

If you are unable to bring your sports uniform or participate in practical PE that day, could you please supply a note from home.

Thank you.

Kate Huckle
PDHPE Teacher

Duke of Edinburgh

We all assembled at school on Monday morning thrilled about the three days ahead of us. The cars were packed full to the brim with our bags that would carry our belongings for our trek. We piled into the four cars driven by the lovely ladies that kindly offered their time to drive us safely to Tumbarumba.

Once we had arrived in Tumbarumba we drove out to Laurel Hill Lodge to meet Owen who would lead us on our trek. When Owen was ready to go, he and his wife Kathy lead the way in their Jeep, with the others following behind, to the spot where we would begin our walk. We arrived at the drop off point we unpacked our bags from the cars, applied our sunscreen and we were ready to go.

The track on the first part of day 1 didn't feel much like a real track it was covered with trees and bushes which we had to push our way through. We avoided lots of brumby poo which they had unkindly left in the middle of the track. We walked until we had a rest at a creek that we then had to walk through; most people came out of it with wet shoes and socks. After the creek there we suffered through the smell of a dead brumby lying nearby. After walking the 9 kilometres,

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we reached our destination for the first night at Paddy's River Dam. The view of the dam was very nice. After we all set up our accommodation for the night (our tents) we ate some food and sat around and relaxed. After playing some Uno and cooking our delicious dinner we went to bed. The night was very cold and most people did not get much sleep, waking up to the sound of brumbies and dingos throughout the night.

We woke up in the morning freezing, and excited for the 17 kilometre walk that we were soon to begin. The dam covered in fog looked very pretty but also extremely cold. After eating a quick breakfast and repacking our bags we set off for the day's big walk. The walk may have been long but it was very pretty, it felt like we were walking through a rainforest with dense ferns covering the tracks that felt like they had not been touched for years. The day was also filled with karaoke (featuring Jack Blackett) and thorny blackberry bushes (which Mrs Strachan spent most of her walk eating) both of these were equally as painful (we have the scratches to prove it). We stopped for lunch at some steps (the closest thing we had seen all day to civilisation). We only had another 4 or 5 kilometres to walk after lunch. We stopped at an old saw mill to have a look and then continued to the small grassy area where we were staying the night. There were no toilets that night, which meant squatting!!! Yay!

A short walk from our sleeping area was a creek, where the boys liked to hang out. We all set up our tents for the night and sat down and rested our tired legs. While we were playing some Uno, Kathy arrived with Monica and Kim following behind. When they left, we ate our dinner then had a first aid talk where we learnt what to do in emergencies. After being tired from our long walk we all went to bed.

We woke up again to another freezing morning, excited that we only had to walk 5 kilometres. We packed up the tents and ate a quick breakfast and handed in our logs that we had to write for each day. We set off on a road, single file for our last day of walking. Mrs Strachan drove her car, stopping occasionally to check where to go and eat blackberries. We were all in high spirits after a fun three days of walking when we got picked up by Kathy, Kim and Monica. We were given fruit and chocolate as a reward for our efforts.

After a few photos and a talk from Owen, we set off back home, stopping a few times. We all thoroughly enjoyed our trip (well, most of us) and we would like to give a HUGE thank you to Kim Mannes and Monica Whelan for driving, and Kerrie Connor who also did the walk with us as well. And of course, we would like to thank Mrs Strachan for the HUGE effort she put in for organising the walks for us.

The Duke of Ed students



Last Chance for parents to participate in the Wellbeing Survey

This survey closes the 27th February please just follow the link on the CCS website to complete this survey.

Kerri-Lea Jay
Head Teacher English

Career News

Charles Sturt University will be holding a MyDay Medical Science, Medical Radiation Science and Nursing event in Wagga Wagga on Friday 26 February 2016. Students will need to arrange their own travel and supervision. See Mrs Munro for an enrolment form. Forms emailed to CSU by 19th February.

Available apprenticeships

B&D Engineering "Dean Bordignon" is looking for an Apprentice Engineering (Mechanical) Cert 3 (Fitter & Turner) Dean can be contacted on 02 69625904.
Yoogali Engineering- Engineering Fabrication Cert 3 (Apprentice welder) Contact Glenn Mitchell 02 6964 3700.
Flowsmart - Engineering Fabrication Cert 3 (Apprentice welder) Contact John Sillis 02 6962 7262.
Applied engineering - Engineering Fabrication Cert 3 (Apprentice welder) contact is Steve Fedrigo 69644667. (also wants a qualified welder).
Paul Tagliapietra – plumbing apprenticeship. Contact is Paul Tagliapietra 0427 627 984.

Indigenous Winter School 2016

Indigenous students in years 10, 11 and 12 are welcome to apply for this fantastic opportunity. The program runs in the July school holidays, July 4th - 9th at UNSW. Applications must be signed by the principal and submitted by Friday 8th April 2016. See Mrs Munro for application form and details.

The University of Melbourne Information Day for interstate students and their families at Parkville campus on Monday 11 April, 9:00am – 4:30pm.

The day will focus on aspects of the university that are of greater concern to interstate students such as the application process, scholarships, student services, accommodation

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options and financial assistance. Participants will have an opportunity to ask current University of Melbourne students who have come from interstate about their experience and how they managed the transition. The program will also include a campus tour followed by a free lunch at one of the residential colleges and finally a college tour.

EVENT DETAILS

Date: Monday 11 April 2016

Location: University of Melbourne, Parkville, Victoria 3010

REGISTER: <http://go.unimelb.edu.au/fq2a>

CSU MyDay Exercise and Sports Sciences Event in Bathurst on 26 February 2016 Charles Sturt University (CSU)

will be holding the MyDay Exercise & Sports Sciences event in Bathurst on Friday 26 February 2016. Courses to be showcased on the day are Exercise & Sports Science, Education (Health & Physical Education) & Sports Studies/Communication (Journalism). A full list of MyDay events can be found at:

<http://futurestudents.csu.edu.au/unilife/social/events/myday>

Ema Munro

Careers advisor

Community Announcements

Fusion

Changes coming up for 'Fusion Drop-in Centre' for time and plans. Those plans will be shown when these happen.

Day Trip to Wagga coming up on the 27th February.

Contact Dave Mobile 0428 592 730.

School Banking Day Reminder

Don't forget that WEDNESDAY is Dollarmites School Banking day and students should bring in their weekly deposit.

For every deposit made at school, no matter how big or small, students will receive a token.

Thank you for supporting the School Banking program at Coleambally Central.

School Banking Info Talk

Bianca from Coleambally CBA is coming to talk to us about the Commonwealth Bank School Banking program.

The School Banking program includes an exciting and exclusive Rewards Program that encourages students to get into the habit of saving regularly.

Every time your child makes a deposit both they and the school benefit.

See you all on Friday 26th Feb at the Primary Assembly 12.45pm in the school library.

Learner drivers' workshop

Free two hour workshop for supervisors of learner drivers

Teaching someone to drive can be a happy experience.

You can learn all the simple steps on how to teach a learner driver at a free two hour workshop held by Leeton Shire Council in conjunction with the RMS.

The next workshop will be held at:

Venue: Major Dooley Library Chelmsford Street Leeton

Time: 6.30pm- 8.30pm

Bookings are essential.

To secure your place, please phone Leeton Shire Council on 02 6953 0911 or 0448 623 049.

Darlington Point Coleambally Junior Rugby League

There will be a registration afternoon for Junior Rugby League on Wednesday 24th February at 6pm to be held at the Coleambally Sports ground. Registration is \$60 per child and there will also be a sausage sizzle after registration. For further information contact Kellie Griffiths on 0429 339 667.

Sturt Group Land Cookery Competition

The Sturt Land Cookery Competition will be held at Hay on Wednesday 7th March 2016. Section 11 is a special section for young cooks. Class A Crunchy Topped Lemon Loaf, for under 18yrs.

Class B is a Speedway cake for 12yrs and younger. Entries would need to be delivered to a Coleambally-Argoon member by Tuesday 6th March. Recipes are available from the school office. For further information please contact Beverley Rose-Wiseman 6954 1527 or Teresa Stewart 6954 6133.

Immunisation Clinic

Community Health will be conducting an early childhood immunisation clinic at Coleambally Community Health Centre on Tuesday 1st March from 9am-11am and then at Darlington Point Community Health Centre at 1pm-3pm. Please remember to bring your child's Bluebook and Medicare card.

Monica Whelan

Community Nurse

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Coleambally Central School Primary

Today Lisa and Mr Smith showed us some baby lizards. Lisa brought in a bearded Dragon and Mr Smith Brought in 5 Blue Tongue Lizards. I learnt that most lizards have 5 toes. Baby bearded dragons and blue tongue lizards are both soft, smooth and slippery. Some lizards eat meat. When the Bearded Dragon grows to an adult it grows a lot of spikes. They have sharp claws. Their sharp claws help them to hang on to things.

By
Lucy Bolton



Year 1/2 Lizard Visit



Today Lisa and Mr Smith showed us some baby lizards Lisa brought in a bearded dragon and Mr Smith brought in 5 blue tongues. Mr Smith told us about bearded dragons and we got to hold the baby blue tongues. Bearded Dragons are the most popular pet in Japan. Bearded Dragons eat meat. Bearded Dragons have spikes down their backs. When we got to hold the baby lizard it climbed on to my shoulder.

Marli Simoes



Lizard visit today. Lisa and Mr Smith brought in a bearded dragon and Mr Smith brought in 5 Blue Tongue. The Bearded Dragon has spikes which will spread.

Alex Pound

Lisa and Mr Smith showed us some baby Lizards and I got to hold it and I got to touch it and it has spikes.

Gabrielle Perkins